

# PEACE OF MIND

One must search

For peace of mind,

Being good,

Being kind.

To find that peace,

One must clear the head,

Replace all thoughts,

With peace instead.

When one attains

Peace of mind,

One replaces,

The usual grind.

To be truly calm,

And free of thought,

One's peace of mind

Must be sought.

So strive for peace,

Strive for love,

As all the answers,

Come from above.

DYLAN ABRAHAM